

KEISER CARDIO

CARDIO MACHINES



THE ONE THAT STARTED IT ALL
M3 INDOOR
BIKE

Model 5501

PUSHING THE LIMITS OF HUMAN PERFORMANCE

At Keiser, we're constantly innovating to reach the next level of human performance. We're never satisfied with the status quo. Even if it's our status quo. Because... Strong can be stronger. Fast can be faster. Power can be more powerful. Because science is on our side. **Because... 'Good Enough' Isn't.**

KEISER

KEISER CARDIO

SIMPLICITY IS THE ULTIMATE SOPHISTICATION. In 1996 Keiser set out to create a bike that would exceed the demands of Indoor Group Cycling Classes. The M3 Indoor Bike not only exceeded expectations, but changed Indoor Cycling Bikes forever by introducing many industry firsts including magnetic resistance, V-shaped frames and rear-flywheel design. All of our M Series Cardio Products are made to Keiser's exacting standards to give you the finest in quality, service and performance. In addition, Keiser Integrated Technology uses Bluetooth® connectivity to record and track progress using our M Series Apps.

CARDIO MACHINES M3 INDOOR BIKE

Model 5501

THE STANDARD SETTER

The M3 Indoor Bike was introduced in 2006 and featured Magnetic Resistance, a Simple Self-Tensioning Poly-V Belt Drive, and a Display that showed the Power you were producing in Watts—all firsts in Indoor Cycling. It raised the bar so high, it took four years for our competition to respond. The M3 of today is also the beneficiary of over a decade of refinements, including the same power accuracy as the M3i. It features a four-way adjustable seat and a two-way adjustable handlebars. The M3 can be purchased without the Display if you so desire. Today, the M3 and its offspring are still the only Group Cycling Bikes built in the United States.

PUSHING PAST INDUSTRY LIMITS KEISER M SERIES BIKE PEDAL

With our game-changing bike pedal, Keiser has again revolutionized indoor cycling down to the last detail. New pedal features include:

- Stronger bearings tested for static and dynamic loads
- Cage integrated into pedal design, not just added on
- Ramped barbs for secure and simple foot placement
- Curvature eliminating pressure points on the rider's foot

▶ Visit [keiser.com](https://www.keiser.com) to learn more.

KEISER® | BECAUSE...
'GOOD ENOUGH' ISN'T.™



FEATURES

- V-shaped frame to accommodate riders of all body shapes and sizes
- Magnetic resistance for a smooth and quiet workout
- Infinite incremental resistance changes
- Rear-wheel design for protection from sweat and corrosion
- Transport wheels for ease of transport
- Revolutionary re-designed Keiser Bike Pedal
- Self-tensioning, zero maintenance Poly-V Belt Drive for low maintenance and reliability
- Robust adjustment knobs that require less maintenance than cam-locks
- Four-way adjustable seat
- Two-way adjustable handlebars
- Stretch pads, Water bottle holder
- Keiser Education and Certifications available

SPECIFICATIONS

HEIGHT: 44" / 1118 mm

DEPTH: 51" / 1296 mm

WIDTH: 26" / 661 mm

WEIGHT: 87 lbs / 40 kg

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